



Would you like to help make a positive difference to our young members and help them learn to raise their self-image and mental well-being?

Then why not train to be a Peer Educator?

Peer Educators are Senior Section members trained to deliver sessions for Brownies and Guides on important topics, like mental well-being and body confidence



**Save the date:** The next Girlguiding Birmingham Peer Educator training is Saturday 8<sup>th</sup> and Sunday 9<sup>th</sup> October 2016 at Trefoil House

We are looking for Senior Section members to make a real and lasting difference to young people by becoming a Peer Educator. As a positive role model, you'll empower them by challenging their assumptions and feelings about issues like body confidence.

All you need to do is sign up for a free Basic Training, which will cover everything you will need to run sessions.

**WHEN:** Saturday 8<sup>th</sup> October 2016 9am -5pm and Sunday 9<sup>th</sup> October 9am - 5pm. (You need to attend both days)

**WHERE:** Trefoil House, Brownsea Drive, Birmingham B1 1QL

**COST:** Completely free!

**WHAT TO BRING:** Wear your Girlguiding uniform and bring a packed lunch.

**HOW TO BOOK:** To reserve your place just email Gaye at [girlguidingbham@btconnect.com](mailto:girlguidingbham@btconnect.com) with your name, mobile number and Girlguiding membership number.